



Indianapolis Natural Family Planning Providers

Note: The OIC Part Two Requirement is a separate cost, please contact provider(s) to discuss which option is best for you.

<i>Provider</i>	CCL Couple to Couple League	St. Gianna Center (The Kolbe Center)	Covenant Resources	Magnificat Family Medicine	Naturalis Fertility Care
<i>Method</i>	Sympto-Thermal	Mucous Only (Creighton Model FertilityCare System)	Mucous Only (Creighton Model FertilityCare System)	Mucous Only (Creighton Model FertilityCare System)	Mucous Only (Creighton Model FertilityCare System)
<i>Cost*</i>	\$130	contact for pricing	contact for pricing	contact for pricing	contact for pricing
<i>Accept Insurance?</i>	No	contact for information	forms are provided so you can file F.S.A. / H.S.A.	YES	NO
<i>Sessions</i>	3	3 minimum Follow up varies per situation	3 minimum Follow up varies per situation	3 minimum Follow up varies per situation	3 minimum Follow up varies per situation
<i>Frequency</i>	spaced a month apart	varies	varies	varies	varies
<i>Video Tele-Conferencing</i>	*Note: The Live On-Site is the only class to fulfill OIC requirements.	YES	YES	NO, Currently business hours only	YES
<i>Location</i>	various on-site locations	BroadRipple or Virtual	Greensburg, Virtual or in person	Northwest Indy (86th and 465)	Plainfield, Virtual or in Person
<i>Local Website</i>	nfpindy.org	facebook.com/stgiannacenterindy	covenantresourcesfcc.org	magnificatfamilymedicine.com	naturalisfertilitycare.com
<i>Instructor</i>	married couples	nurse/practitioner	nurse	nurse/practitioner	practitioner
<i>Setting</i>	classroom	one on one	one on one	one on one	one on one
<i>Specialty</i>		irregular cycles, PMS, hormonal imbalances, endometriosis, polycystic ovarian disease, infertility, NaPro Technology	infertility, Miscarriage, PMS, Achieving and Avoiding Pregnancy, Irregular Cycles, NaProTechnology	irregular cycles, PMS, hormonal imbalances, endometriosis, polycystic ovarian disease, infertility, Miscarriage, NaPro Technology	irregular cycles, PMS, hormonal imbalances, endometriosis, polycystic ovarian disease, infertility, Miscarriage, NaPro Technology
<i>Contact Name</i>	see website; varies per location	Sonia-Maria Szymanski	Rebecca Harpring	Theresa Bedford or Hanna Fleckenstein	Maria Morgan
<i>Contact Info</i>	see website; varies per location	soniamaria.stgiannacenter@gmail.com (317) 373-7341	rebecca@covenantresourcesfcc.org (812) 222-1881	fertilitycare@magnificatfamilymedicine.com (317) 306-5588	mariamorganfcp@gmail.com (570) 259-2801

Classes should be attended as a couple.

Sympto-Thermal Provider

Please contact us if you have not already completed One in Christ Part One
*Pricing is an estimate as of January 2017, Please confirm pricing with individual Provider.

Mucous Only Provider



Natural Family Planning Providers

Serving Bloomington, Nashville, Seymour and the Surrounding Areas

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Provider	CCL Couple to Couple League	CCL Couple to Couple League	CCL Couple to Couple League	Peak Awareness FertilityCare
Method	Sympto-Thermal	Sympto-Thermal	Sympto-Thermal	Mucous Only (Creighton Model FertilityCare System)
Cost*	\$130	\$130	\$130	contact for pricing
Accept Insurance?	No	No	No	No
Sessions	3	3	3	3 minimum Follow up varies per situation
Frequency	spaced a month apart	spaced a month apart	spaced a month apart	varies
Video Tele-Conferencing	*Note: The Live On-Site is the only class to fulfill OIC requirements.	*Note: The Live On-Site is the only class to fulfill OIC requirements.	*Note: The Live On-Site is the only class to fulfill OIC requirements.	YES
Location	Bloomington, Seymour	Bloomington, Seymour	Bloomington	Bloomington/Nashville, South Indy Virtual or in Person
Instructor	married couples	married couples	married couples	nurse
Setting	classroom	classroom	classroom	one on one
Specialty				regular/irregular cycles, PMS, hormonal imbalances, endometriosis, polycystic ovarian disease, night shift, infertility, Miscarriage, NaPro Technology
Contact Name	David & Jess Gasper	John & Heather Rennekamp	Monica & Dale Siefker	Marilyn Haywood, RN, FCPI
Contact Info	jessicaagasper@gmail.com	rennekampfam@cinergymetro.net	monica_siefker@gmail.com	marilynhaywoodfcp@gmail.com

Sympto-Thermal Provider

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